Wirral Community Health and Care
NHS Foundation Trust

MSK Physiotherapy Service
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Following your referral to our physiotherapy service, we would like to invite you to attend a '**Community Assessment Clinic**'.

What is a Community Assessment Clinic?

They are a quicker way in which your health and wellbeing can be addressed at the same time, in the same place by having access to multiple professionals working in health care, all under one roof.

Following your one-to-one physiotherapy assessment, you will have the option for further support from a Health Coach, who will be providing blood pressure and cholesterol checks, and recommendations around lifestyle changes. You may also be reviewed by a Podiatrist for walking analysis, provision of insoles and foot care advice.

There will also be an opportunity, before you leave, to have conversations with and receive information from some local organisations which include;

- Wirral Council's 'Invigor 8'
- Falls Prevention Service
- Involve Northwest
- Citizens Advice
- ABL (for stop smoking/vaping support)
- Wirral Mind

Our next Community Assessment Clinic will take place at **Leasowe Recreation Centre** on **Tuesday 24 November 2026.**

To book a time slot, please contact us on 0151 514 2314 between 9.00am - 4.00pm Monday to Friday to reserve your place and discuss any queries you may have. **Please remember to bring a list of your current medications with you.**

If you choose not to attend there is no need to worry, you will be kept on our service waiting list and we will contact you when a routine appointment becomes available.

Yours sincerely

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