

**For more information contact:**

Your local School Nursing team can be contacted Monday to Friday from 9.00am to 5.00pm for advice and support. We can arrange to see you at home, in a clinic or a venue of your choice if possible.

Tel: 01744 411 277

Visit our website: [wchc.nhs.uk/children](http://wchc.nhs.uk/children)



These services are provided by:  
Wirral Community Health and Care  
NHS Foundation Trust



**NHS**  
**Wirral Community Health and Care**  
NHS Foundation Trust

If you would like this information in another format or language, please contact the Your Experience Team on freephone 0800 694 5530. Alternatively you can email [wcnt.yourexperience@nhs.net](mailto:wcnt.yourexperience@nhs.net)

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# School Nursing

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## What are School Nurses?

- Specially trained nurses
- We work with school aged children from reception until their 19th birthday and up to the age of 25 for children with special educational needs and disabilities (SEND)
- Every school has a school nurse who is based in a clinic near your school

## Who are we?

- Part of a team who support the health and wellbeing of every child aged 5 to 19 years
- We work within a multi skilled team so the most appropriate person can deal with your needs.

## Public Health role

We can provide support for:

- Resilience and wellbeing
- Healthy lifestyles
- Keeping safe
- Maximising learning and achievement
- Supporting complex and additional health and wellbeing needs
- Transition through services



## What we offer to everyone

School Nurses work within the 0 - 19+ Service in St Helens to deliver the National Healthy Child Programme and offer a universal service to all.

- Prevention and early intervention
- Health screening and reviews

- Signposting to other services
- Key health priorities including healthy lifestyles such as healthy eating and weight, smoking, drugs and alcohol awareness
- Health promotion advice and activities
- Healthy relationship advice and support along with sexual health and contraception advice
- Routine Childhood Immunisation Programme
- National Child Measurement Programme
- Health drop-ins, regular sessions for children and parents or carers are held within primary schools. Weekly sessions are held for young people in secondary schools
- Helping keep children and young people safe

## Safeguarding Children and Young People

- If you are worried about an adult or child's safety including your own, at home or anywhere else you can speak to us
- We work closely with other services to keep you safe
- There may be occasions when we are asked to attend meetings with other agencies about you and your family, in this case, we may see you more frequently
- Whenever possible anything we do will be discussed and agreed with you

## Confidentiality

All members of the School Nursing team have a duty to protect your privacy and confidentiality.

**We would only share information with your consent.**

Information without consent could only be shared in situations where we have a concern that there was a risk of harm to your child or a member of your family.

**If you have any worries about confidentiality please talk to a member of staff.**

