

## The... Healthy Start, Brighter Future HENRY Programme

...at Egremont Primary School

## Free workshops for parents and carers.

- Healthy teeth
- Looking after ourselves
- Understanding children's behaviour

**Workshops start:** 

Wednesday 1 October 9.40am - 11.40am

Book your free workshop via the school office - sign up by **Tuesday 30 September**. "So much
better than I
expected. I would
encourage every
parent to
do it."



**Scan the QR code** for more information about the HENRY Programme.

