



The... **HENRY** Programme

...at Egremont Primary School

**Free workshops for parents
and carers.**

- Understanding children's behaviour
- Looking after ourselves
- Eating well for less

"So much better than I expected. I would encourage every parent to do it."

Workshops start:
Wednesday 8 October
9.40am - 11.40am

Book your free workshop via
the school office - sign up by
Wednesday 1 October.



Scan the QR code for
more information about
the HENRY Programme.