



The... **HENRY** Programme

...at Hayfield School

Free workshops for parents
and carers.

- Understanding children's behaviour
- Looking after ourselves
- Eating well for less

"So much better than I expected. I would encourage every parent to do it."



Scan the QR code for more information about the HENRY Programme.

Workshops start:
Wednesday 15 October
1.00pm - 3.00pm

Book your free workshop via the school office - sign up by **Wednesday 8 October.**



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