
Inhalation Sedation Information for Patient Escorts

You have been asked to accompany someone who is having dental treatment under Inhalation Sedation.

Patients can feel less anxious if they Breathe a mixture of Oxygen and Nitrous Oxide during their dental treatment. They may feel slightly drowsy during the sedation and sometimes will not remember the dental appointment afterwards. The effects of this type of sedation are short lived and have mostly worn off by breathing oxygen for 2 minutes after the dental treatment has been completed.

Before the sedation

The patient should contact the clinic if they have a cold or blocked nose as the gases need to be breathed through the nose. The sedation won't work if they can't breathe through their nose. **We will need to postpone the appointment until they can breathe more easily.**

- The patient must let us know if they might be pregnant
- They should dress in loose fitting, comfortable clothes
- They should tie back long hair
- The patient should eat a light meal 2 hours before the sedation
- They should not drink alcohol or take recreational drugs for 24 hours before the appointment
- They should take any routine medication before the appointment
- They should go to the toilet before coming into the treatment room
- They should bring their normal inhalers with them if they have any
- They should not bring any children with them

continued over...

It is important that you:

- Do not bring any children with you, or have any other caring responsibilities today
- Stay in the waiting room until the sedation is complete. If the patient requests it you may be able to support them during the treatment
- Let us know if you may be pregnant and are staying in the treatment room
- Are responsible for taking them home

After the sedation:

- The patient will have been given a telephone number of who to contact if you have any concerns.
- You must be present with the patient as they leave the dental surgery. Some patients take a little longer than others to be ready to go home so please be aware that a precise time cannot always be given
- The dentist will explain to the patient which pain relief medicines they may take
- Patients should take their usual prescribed medicines unless directed otherwise by their doctor or dentist
- Children should go home to rest for 2 hours before returning to school

If you have any problems after treatment, please contact:

Opening hours:

Monday - Thursday 8.30am - 5.00pm

Friday 8.30am - 4.30pm

St Catherine's Health Centre Dental Clinic

0151 514 6420

Victoria Central Health Centre Dental Clinic

0151 514 6266

Leasowe

0151 514 2340

Out of Hours:

Out of Hours Service 111

Revive Dental Care

0161 476 9651

If you would like this information in another format or language, please contact the Your Experience Team on freephone 0800 694 5530. Alternatively you can email wcnt.yourexperience@nhs.net

December 2021 V1