

Health and Wellbeing Pledges					
Meeting	Board of Directors				
Date	08/12/202	21	Agenda ite	em	12
Lead Director	Jo Sheph	erd, Director of HR &	Corganisatio	nal Devel	opment
Author(s)	Barbara Bridle Jones, Acting Director of HR & Organisational Development				
	Emma Ashley, Acting Deputy Director of HR & Organisational Development			nisational	
Action required (ple	ase tick the	e appropriate box)			
To Approve		To Discuss 🗆	To Assure 🛛		ıre 🗆
Purpose					
The purpose of this paper is to seek approval of the wellbeing pledges that every North West trust have been asked to commit to in relation to health and wellbeing. This region continues to be one of the highest in England for absence rates.					
<ul> <li>These pledges have been proposed by the NW Human Resources Director network to shift the focus from sickness absence to holistic wellbeing for everyone by;</li> <li>Preparing Boards for the change</li> <li>Evidencing that wellbeing is a priority</li> <li>Committing to the 3 north west themes of enabling work; holistic wellbeing services, person centred wellbeing approach with an attendance management framework, leadership development.</li> <li>These pledges have been recommended for approval by the Education and Workforce Committee at the meeting on the 1 December 2021.</li> </ul>					
Executive Summary	,				
Overview of the new		oledges the Trust as	part of the N	orth West	network has been
asked to approve.					
Risks and opportun	ties				
Quality/inclusion co			No		
Quality Impact Assessment completed and attached No Equality Impact Assessment completed and attached No					
QIA is not applicable					
Financial/resource implications: None identified					
<b>Trust Strategic Objectives</b> Please select the top three Trust Strategic Objectives that this report relates to, from the drop down boxes below.					
Our People - advancing staff wellbeing					
Board of Directors is asked to consider the following action					
To approve the commitment to the wellbeing pledges.					

Report history		
Submitted to	Date	Brief summary of outcome
N/A	N/A	N/A



# **Health and Wellbeing Pledges**

#### **Board of Directors**

December 2021



### Health and Wellbeing Pledges

Following a North West Wellbeing workshop in September the NW HRD network have agreed to focus on 3 main areas of enabling work and have created pledges for wellbeing and each trust is asked to commit to these



# Our pledge for the **wellbeing** of our NHS people

We pledge to shifting the focus from sickness absence (the 5%) to holistic wellbeing for everyone:

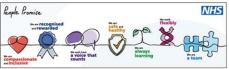
- **preparing our board for the change** to take a more holistic, person-centred individual and flexible approach, which is driven through policy and aligns with embedding a just culture.
- evidencing that wellbeing is a priority with our board by understanding the wellbeing of our people, giving them a voice, making sure all decisions have a wellbeing lens applied and addressing any issues.
- committing to the three North West's themes of enabling work
- Holistic wellbeing services that support all of our colleagues
- a new person-centred wellbeing approach and an attendance management policy framework
- \_ leadership development that supports managers in our new approach.













#### **Timescales and next steps**

- End of December make pledges
- End of January 2022 agree your organisation's enabling action plan - as recommended by EWC this will be incorporated into the 2022/23 wellbeing plans
- The pledges will be part of Wellbeing Guardian launch communications in quarter 4
- Monitor progress at Board and sub committees on at least a quarterly basis



#### Communications, Marketing and Engagement Activity Update Report for Quarters 1 & 2 - 2021/22

Meeting	Board of Directors		
Date	08/12/2021	Agenda item	13
Lead Director	Alison Hughes, Director of Corporate Affairs		
Author(s)	Fiona Fleming, Head of Communications and Marketing		
Action required (please tick the appropriate box)			
To Approve	To Discuss 🗆	To Assu	ıre ☑
		•	

#### Purpose

The purpose of this paper is to provide the Board of Directors with assurance on the implementation of communications, marketing and engagement priorities as set out in the strategy 2018-21.

#### **Executive Summary**

Due to the response to COVID-19, the communications, marketing and engagement strategy and subsequent actions and campaigns have been focused on the NHS response to the pandemic.

Q1 & Q2 (April - September 2021) presented a diverse range of campaigns and a great opportunity for the team to support the changing needs of staff, patients and service users, explore new ways of engaging with the workforce, raise the profile of the Trust and maintain the necessary communications relating to COVID-19.

The report details Q1 & Q2 activity against the communications goals: Brand Management External Communications Internal Communications System Support Crisis Management and Sustainability

These goals are aligned to the Trust's strategic themes.

#### Risks and opportunities:

No risks identified in this report.

The risk in failing to have effective communication and engagement across the workforce and with the local population is mitigated by the numerous campaigns and priorities delivered.

The opportunity to employ new ways of engaging and communicating has been realised during COVID-19 and will provide learning for the future.

**Quality/inclusion considerations:** 

Quality Impact Assessment completed and attached No

Equality Impact Assessment completed and attached No

All communications and engagement activity aims to positively impact on Trust staff and those who access our services.

#### Financial/resource implications:

There are no financial/resources implications for consideration within the report.

down boxes below.	st Strategic Objectives that this r	
Our Populations - outstanding, safe care every time	Our People - improving staff engagement	Our People - advancing staff wellbeing
Board of Directors is asked	to consider the following action	on
report for Q1 & Q2 meets the a	nications, marketing and engage ms of the Trust.	ment activity evidenced in this
Report history Submitted to	Date	Brief summary of outcome



# Communications & Marketing Board Report Q1 & Q2

Date: 8 December 2021

Name: Alison Hughes, Director of Corporate Affairs



#### **Overview of Quarters 1 & 2**

#### **Business as usual**

- 95 editions of The Update
- 380 Shout-outs published
- 22 CEO blogs, 23 vlogs
- 107 screensavers across all WCHC network
- 3,080 emails received to communications mailbox. Average of 25.6 requests per day

### **Digital Summary**

#### Quarter 1

- StaffZone page views = 180,060
- Website page views = 143,890
- Twitter account @wirralct Total followers = 3,280 (increase of 69)
- Tweet impressions = 62.3k (19.5k July, 25.5k August, 17.3k September)

#### Quarter 2

- StaffZone page views = 174,344
- Website page views = 184,221
- Twitter account @wirralct Total followers = 3,357 (increase of 77)
- Tweet impressions = 70.7k (22.4k July, 31.9k August, 16.4k September)

#### Top Tweet earned 1,315 impressions

Pregnant or postpartum & positive for COVID-19? Covid Oximetry@Home gives you a pulse oximeter to monitor oxygen levels, keeping you and baby safe. We work with Maternity Services to identify if you need specialist treatment.Please contact your GP/midwife to refer you. pic.twitter.com/Lb40ic5dAw



**t7**3 🖤 3

#### Top Tweet earned 6,437 impressions

It's **#DyingMatters** @DyingMatters Awareness Week. This week we are sharing our End Of Life and Specialist Palliative Care colleagues' thoughts on why **#DyingMatters** and the importance of being **#InAGoodPlace** to die. Today, let's hear from Laura: pic.twitter.com/hNFVpEOsb4



**13** 12 **9** 34

Wirral Community Health and Care

**NHS Foundation Trust** 



#### Wirral Globe Column

No health columns during April due to Purdah

- Celebrating all our nurses
- We've got sexual health covered
- Making caring visible and valued
- Breastfeeding celebration week we are here for you ۲
- Wirral health trust in running for two patient safety ۲ awards
- Celebrating the 73rd anniversary of our wonderful NHS ٠
- Our priority is to keep us all safe we are still in this together
- Virus support for new mothers

#### **Cadets complete programme**



8 May 26, 202

'We've got sexual health covered'



#### 18 August 4, 2021 Virus support for new mothers

#### Health column: 'making caring visible and valued'





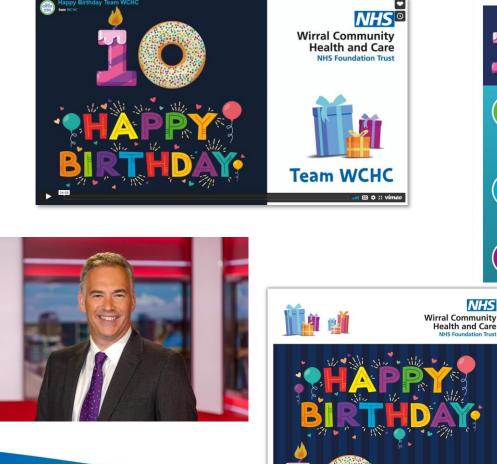
### **Project highlights - Quarters 1 & 2**

WCHC 10 <sup>th</sup> Birthday	Nine factors to stop Covid	People Pulse Surveys	Leading Self Masterclasses
Common Purpose & Values	Trust Work Plan	In the Know & Social Value	Rising through the ranks
Regulation 20a – CQC ratings	CQC guide for staff	eConsent	IG Week
Welcome to St Helens	Knowsley bid	International Nurses Day	Pride in the NHS
Dying Matters Awareness	Carers Week	Other awareness days	Best Practice Flu Webinar



# WCHC 10<sup>th</sup> Birthday

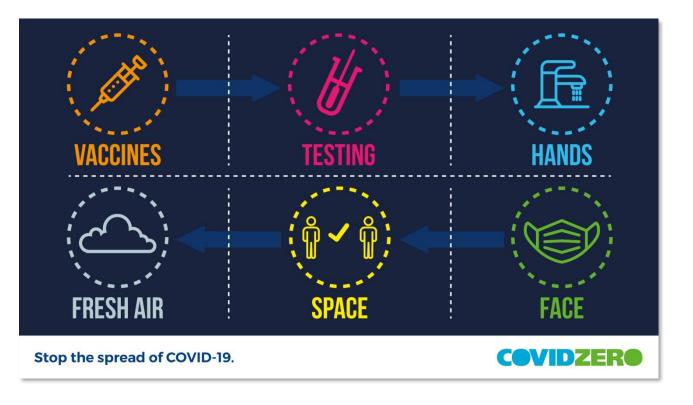
- Birthday best wishes video from the Board and a special guest too
- 10 big numbers with some of the big achievements over the years
- 10 big moments
- Birthday Celebrations quiz
- Donuts sweet treats distributed to staff around the Trust





#### All nine factors to stop the spread of COVID-19

- Promotion of all nine factors that will help reduce the spread of coronavirus. Messages included:
- Encouraging staff to follow all the guidance
- Vaccines alone are not enough
- No single measure to prevent the spread of coronavirus is 100% effective
- The nine key factors are: vaccines, testing, hand washing, face masks, space, fresh air, contact tracing, isolating and ventilation



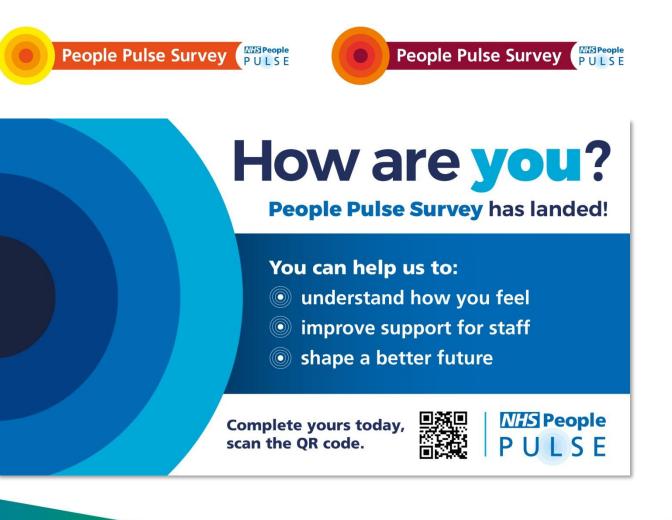


**NHS Foundation Trust** 

### **Compassion** | **Open** | **Trust**

#### **People Pulse Surveys**

- We launched the NHS People Pulse surveys in April
- Promoted as 'not just another survey', People Pulse quickly became a monthly opportunity to 'check in' with staff
- Promoted Trust-wide across all platforms with uptake reaching 281 responses in one month

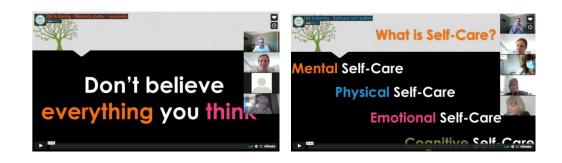


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### Compassion | Open | Trust

# 'Leading Self' - Online Masterclasses with Ed Hollamby

• Three online Masterclasses were promoted to colleagues across the organisation





#### **Common Purpose and Values**

Our Common Purpose:



we will support you and your community to live well.



Supportive and caring, listening to others.

Communicating openly, honestly and sharing ideas.

Trusted to deliver, feeling valued and safe.

Wirral Community Health and Care

### **Trust Work Plan and Plan on a Page**

- Creation of an production of a professional video featuring the Executive Team
- Sharing the work plan for the year with all staff to support planning
- Development of Plan on a Page template for services – linked to work plan priorities
- Manager's Briefing and supporting toolkit for Service Leads



# In the Know sessions and Social Value pledges

- To support plan on a page work, roll out of subject expert sessions called 'In the know' on a range of key topics – Population Health, Health Inequalities, Integrated Care Systems, Social Value
- Increase awareness of social value and what it means to Team WCHC
- Encourage colleagues to share their thoughts on the Trust's proposed pledges



#### Do you want to be... intheknow ...about Social Value

#### Understand...

Social value and what it means The positive impact on our workforce, patients, service users and communities

The role social value plays in our day-to-day work What we are doing already



Book onto the social value sessions taking place late June.

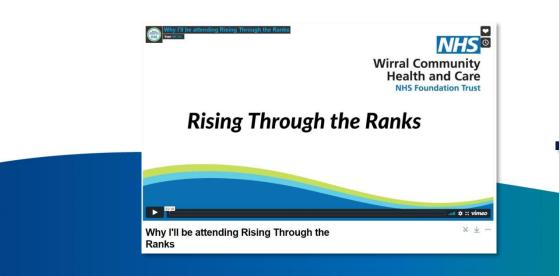
> Details in The Update and on StaffZone.





### **BAME Network – Rising through the ranks**

- News item on StaffZone
- Short montage of videos from staff saying why they will be attending the event
- Video of Neil Perris, Head of Inclusion and Inequalities talking about the event
- Feedback survey from attendees





#### Be inspired to make progress in your NHS career!

Hosted by the BAME Staff Network, this event will inform, challenge and inspire you.

Date: Wednesday 14 July, 7.00pm - 8.30pm. Location: MS Teams Webinar

To register visit StaffZone or see The Update.





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#### **Regulation 20a: CQC ratings posters and Your Experience materials**

 A toolkit to support services to be CQC ready was developed and distributed across the Trust.

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CQC ratings posters

**Your Experience** 

- Your Experience poster, feedback box insert •
- Your Experience Questionnaires
- Complaints process poster and leaflets ۲

**Your Experience** 

Your Experience

CQC rating posters CQC rating posters must be on public display in all services at **Your Experience** Trust locations\*. Posters will be delivered to all ser ...we're listening, tell us what you think. Please display them as soon as the \*It is a regulatory requirem to display both poste feedback helps us to improve the services we NHS rral Community Health and Care vide to everyone in our community. ere are many ways to contact us: ill in a Your Experience questionnaire Complete our online questionnaire visit www.wchc.nhs.uk/feedback or scan the OR code below Email: wcnt.yourexperience@nhs.net Write to us at FREEPOST, Community NHS Trust (no stamp needed) Call our Your Experience team on FREEPHONE: 0800 694 5530 Your Experience listening, tell us what **you** think make a complaint about your care or someone you care for) wchc.nhs.uk



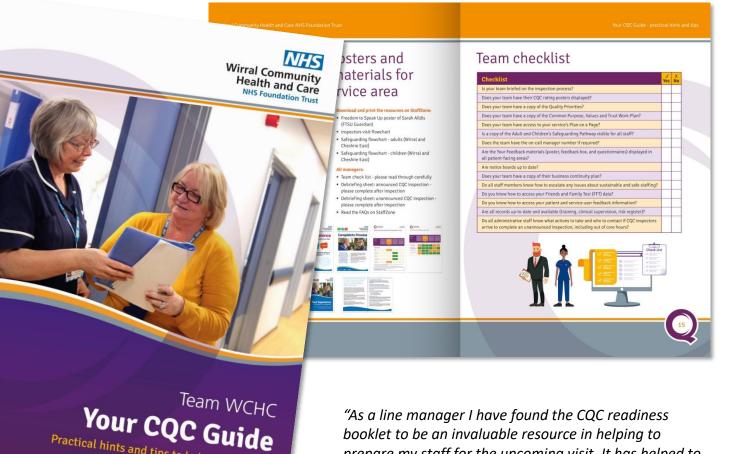
**Wirral Community** 

**Health and Care NHS Foundation Trust** 

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### **CQC Guide for Staff**

- Working with members of the Quality Strategy and Regulatory Delivery Group a Team WCHC CQC Guide was developed to support colleagues with upcoming inspections
- Comprehensive 44 page guide
- Printed version, PDF download on StaffZone and PaperTurn version accessible on any device



Practical hints and tips to help you prepare

ommission

"As a line manager I have found the CQC readiness booklet to be an invaluable resource in helping to prepare my staff for the upcoming visit. It has helped to structure our conversations and what to focus on regarding the upcoming visit."



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#### Wirral Community Health and Care NHS Foundation Trust

#### eConsent

- Dedicated section on public website
- Social Media promotion
- Facebook advertising
- Letters to schools and parents
- Leaflets and flyers to support the change



0-19 Health and Wellbeing Service Health and Care NHS Foundation Trust NHS Foundation

Ising a computer, laptop, mobile phone or tablet.

#### The new e-consent process is:

- safe and secure
- easy to use
- convenient and saves time
- friendly to the environment saves paper
- To complete your child's e-consent form visit wchc.nhs.uk/econsent/



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#### Wirral Community Health and Care

### **IG Week**

#### 12 – 18 July 2021

- Week long campaign
- Key focus record keeping
- Dedicated Vlog from Trust SIRO
- Spotlight on features
- Stop... Think... Check... infographic





Have you saved and closed the patient record appropriately? Have you inputted the correct patient details?





Is it possible to access the record or register the patient using their NHS number? Have you matched 3 demographics to the patient record? Are you organised and focussed on the task?

Check...

Have you checked that the information has been recorded accurately in the correct patient record? Are you satisfied there is no breach of patient

Are you satisfied there is no breach of patient confidentiality?





Information Governance is everyone's responsibility.

#### **St Helens colleagues, welcome to Team WCHC**

- Development of a comprehensive communications mobilisation plan
- Co-ordination of Welcome Video and 28 page Welcome guide
- Operational guide highlight the support provided by Team WCHC
- Dedicated service section on StaffZone
- Takeover banners on StaffZone homepage and dedicated The Update header
- Weekly mobilisations bulletins

Staff Networks g of all employees is incredibly Ve have Staff Networks for colleagues with protecte characteristics. The aim of each group is to bring employees with shared characteristics together in a safe. protected space. This gives colleagues from across the Trust the opportunity to talk, share and promote ideas, s well as suggestions on how our organisation ca

potential without fear of discrimination

Black, Asian and Minority Ethnic (BAME) Networ is group helps and empowers BAME staff to achieve

a fair and inclusive employer and service provid

senefits of membership include personal and

heir full potential. It also supports the Trust to become

sional development, support and friendship. atform to speak freely with like-minded peop

organisational strategies and policies that will impact staff, patients and service users with a disabili or disabilities. It creates positive representation an de-constructs stigma. LGBTO+ Network: this grou improve the inclusion agenda. This encourages a culture regardless of sexual orientation or gender identity and f respect and equality so all staff can reach their ful

illies are encouraged to attend. Confidentiality is lways maintained and respected. It is a place for staf safely come together, share experifacilitate learning and development

Dis-Ability Network: this group beins to shap

carers in the Trust together to enable onen hone and supportive conversations. The network is there t courage and promote ideas and suggestions or ow the organisatio

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Welcome ...to Team WCHC

NHS

lampions

develop ways to make

Wirral Community Health and Care



**NHS Foundation Trust** 

# **Compassion** | **Open** | **Trust**

NHS **Wirral Community Health and Care NHS Foundation Trust** 

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### **Compassion** | **Open** | **Trust**

# **St Helens colleagues,** welcome to Team WCHC



With you all the way

A very warm welcome from Team WCHC!

#### ff.wirralct.nhs.uk Letterheads and template rk this page so you can Trust letterheads and templates are available or

.uk and input your

you would use first thing i

PC/laptop. The site is fully ss on any device and vo

StaffZone is easy to use, with

ment type, topic, and

arch by key word or document

ance navigating StaffZone or

NHS

Virral Communit Health and Care

Operational | Guide

StaffZone for all 0-19+ Health and Wellbeing staf You will find our style guide, 0-19+ letterhead and MS Teams background, WCHC PowerPoint template and email signature. Any queries please contact wcnt@communications.nhs.net Policies

All Trust policies and HR policies are available in th Document Library on StaffZone.

Internal communication and engagement channels

We have lots of internal comm you'll soon become familiar with, giving everyone the opportunity to get involved and be heard. These include · The Update - our staff bulletin · Weekly CEO blogs and video message · Get Together - our monthly virtual Team WCHC briefing

· Beyond Bour (sharing of best practice) blo and videos Staff Council Staff Networks Wellbeing and Freedom to Speak Up Champie Our closed Facebook and WhatsApp groups

fou can contact the Communications and Marke Team via email wont communicati



## Regular leadership walk-around: call 0151 514 2888





#### **Extensive Communications support included:**

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- Bid response question
- Series of infographics to support tender response and design of presentation including infographics
- Co-ordination of video
- Drafting official announcement for Trust colleagues and key stakeholders across the Cheshire and Mersey patch and supporting PR

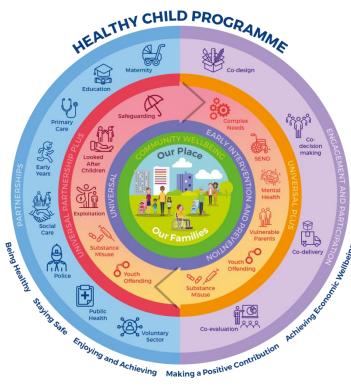






#### **Knowsley bid, presentation and announcement**







About Us Our Standards News Events Classifieds Logout 🍥 📭 🕥 📊

Executive



#### **International Nurses Day – A voice to lead**

#### Internal communications campaign

- Special edition of The Update
- Quotes and videos from nursing colleagues
- Promotion of why the voice of the nurse is important
- All internal channels maximised
- Wirral Globe Column



I became a nurse because I wanted to help and care. The nurse's voice is important, we deal with patients at grassroot level – we know what they need and want. Mamerta Thomas: Advanced Nurse Practitioner, Walk-in Centre



I've been a nurse in the community for 30 years, it's a wonderful career. **It's an amazing privilege and I feel** extremely proud to be a nurse.

Paula Simpson: Chief Nurse



The pandemic has shone a light on the NHS, particularly nurses. Our voice is important as is the voice of the patient.

Infection Prevention and Control Team









#### **Wirral Community Health and Care NHS Foundation Trust**

a week of vir events as we

### **Compassion** | **Open** | **Trust**

#### Pride Month & Pride in the NHS Week 2021

- Vlog from Chair of the staff LGBTQ+ network
- Hosted Pride Podcast
- Promotion of LGBTQ+ staff network
- Screen saver, social media, StaffZone and The Update



It's Pride in the NHS Week!

The next five days are dedicated to LGBTQ+ NHS colleagues, covering multiple topics, welcoming speakers, and starting a conversation.

Everyone is welcome and encouraged to take part in Pride in the NHS Week.

To find out more and how you can get involved, watch the video below from Neil Perris, Head of Inclusion & Inequalities and Jess Gamble, Sexual Health & Inclusion Outreach and Engagement Worker. See more









An inclusive NHS is everyone's sponsibility









### **Dying Matters Awareness**

- Colleagues across our Specialist Palliative Care and End of Life teams shared their thoughts on 'Why does dying matter?'
- Reflecting on the campaign's theme this year, around being #InAGoodPlace to die
- Impactful videos and quotes were shared with staff and the public to raise awareness of the options and decisions around end of life to support individual's wishes



"Every minute of every day, someone in the world dies. It is part of the natural life cycle and yet it can be so emotive for all that are involved. It is important as Health Professionals caring for dying loved ones that we get it right, as we only get one chance to get it right!"

Charlotte Botes Interim Services Manager for Integrated Specialist Palliative Care and EOL Team



"Dying matters because... It is a natural end of life. Through normalising open and honest conversations about death we can encourage greater acceptance and reduce fears and anxieties and feel empowered to live well until we die."

Carys Prandle Specialist Palliative Care Therapies Assistant



"Talking about death and dying can be very difficult but is meaningful for several reasons. By starting conversations about death and dying empowers patients to express their fears and concerns, enabling them to make plans around what matters to them and to be treated as an individual with dignity and respect."

Charlotte Scott Clinical Nurse Specialist, ISPCT



"I think having open and honest EOL conversations is important to both patient and family, it helps the person dying to express wishes and make sure they are carried out. It also helps to avoid unnecessary distress and misunderstandings and helps with the grieving process. As part of the ISPCT we are very passionate about EOL care and advanced care planning."

Karen Ainscough MDT Coordinator ISPCT & EOL Services

#### Dying Matters Awareness Week 10-16 May 2021

### Dying and bereavement

Hear from colleagues and find out about the importance of being #InAGoodPlace.

It's more important than ever for us to talk.

Find out more on StaffZone and www.dyingmatters.org



#### **Carers Week**

- 'Making caring visible and valued' was the focus for this campaign to ensure carers firstly identify themselves, and also access the help they need
- The pandemic had a big impact on carers: 70% of carers are providing more care due to the outbreak
- Promotion of the resources and support available to our working carers to ensure they are supported



- identify yourself as a carer to your line manager
- access the resources and wellbeing support
- join the Working Carers Staff Network

#### Find out more on StaffZone

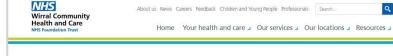
#### 7-13 June 2021



#### **Other health and care awareness campaigns**

- World Patient Safety Day
- World Sepsis Day
- World Hand Hygiene Day
- Breastfeeding Awareness Month





#### Home - World Patient Safety Day 2021

on our website

#### World Patient Safety Day 2021

Every day is patient safety day, but today we recognise and celebrate World Patient Safety Day and the ongoing commitment to patient safety across the NHS

Category: Latest news This week we marked World Sepsis Day, promoting the importance of knowing and recognising the signs Published on: 17 September 2021 and symptoms of sepsis, which could help save someone's life. You can read more about sepsis awarenes

Details

Meanwhile, we are busy preparing our influenza and COVID-19 health messages to keep our communities and colleagues safe and well this winter

Across the NHS and in our Trust throughout the pandemic, patient safety ha paramount. Every decision and every change has safety at the forefront = r users and their families, but our staff too

Our ongoing efforts to tackle COVID-19, protect the most vulnerable and lin testament to our commitment to patient safety. COVID-19 has shone a light are now all much more aware of the risks of infection transmission and wa change - COVID-19 has not gone anywhere, and we must remain vigilant

Here at the Trust, all COVID-19 restrictions remain in place. Everyone access is reminded that they must continue to wear a face covering and follow so

While it is no longer a legal requirement in England to wear a face covering to protect everyone in the best way possible. We are urging everyone to cor preventative measures as you can to continue protecting yourselves and tho

get vaccinated - it is the best protection from COVID-19





Seek urgent medical help if you notice any of these signs.

Slurred speech or confusion Extreme shivering or muscle pain Passing no urine (in a day) Severe breathlessness It feels like you're going to die Skin mottled or discoloured

#### For more information visit: sepsistrust.org

Stop sepsis. Save lives.





- We were asked to present at two regional webinars due to our high uptake of flu vaccines among staff in 2020 (91%)
  - NHSEI NW Healthcare Worker Flu Network meeting
  - NHSEI NW Best Practice Webinar: Effective staff flu vaccination comms.
- Rachel Sanders, Communications and Marketing Manager presented our communications campaign and the approach we took in 2020 to complement the Covid-19 messages.









#### **Priorities for Quarter 3**

Staff Seasonal Flu campaign 2021/22 programme	Covid-19 Booster Communications
NHS Staff Survey	Infection Prevention Control (IPC) Week
Launch of refreshed Recognition Scheme	Infection Prevention Control (IPC) Bid
Knowsley 0-19 mobilisation planning	CICC internal and external communications
St Helens roll out of communications plan	Allied Health Professional (AHP) Week
12-15yrs Covid-19 vaccination programme	Turn a light on this Christmas
Three Conversations – Social Care Innovation Sites	Shaping our Future – staff and stakeholder engagement
CQC Readiness	Supervision
Governor Elections	AMM and Membership engagement