Clostridium *difficile* – Aide Memoire Care Homes **July 2019**



Residents who are found to have Clostridium Difficile Infection (CDI) require a Post Infection Review (PIR) which is carried out by the Infection Prevention and Control Service. This requires the involvement of care home staff to also complete a PIR document to assist in the review. Many learning points have been highlighted and the following information has been put together in order to aid staff.

An outbreak of Clostridium difficile (C.diff) does not manifest itself like an outbreak of Norovirus. The incubation period for Norovirus is 48 hours, so residents will develop symptoms over a short period of time. C.diff can be ingested but may only develop into diarrhoea at a later date, so cases are more sporadic.

- Not every resident with C.diff infection will have faeces with the 'characteristic' smell.
- On the discharge notes from Wirral University Teaching Hospital NHS Foundation Trust, it states "C.diff infection status this admission: screening not performed". This is because routine screening for C.diff is never performed. The only time stool sampling is performed is when a patient is symptomatic of diarrhoea (stool types 5 to 7 on the Bristol Stool Chart).

C.diff testing in community patients:

- If the resident is less than 65 years of age and C.diff is suspected, request the C.diff test on the form, otherwise it will not routinely be tested for C.diff
- Sending a stool sample to check for clearance is **NOT** required
- The laboratory will only test for C.diff if the specimen is liquid i.e. swirls in the pot (types 5-7 on the Bristol Stool Chart)

Loperamide (Immodium) Residents should not be prescribed Loperamide until infection has been ruled out.

If you require advice on C.diff, please contact the IPC Service.



