

Your electrocardiogram appointment

You have been referred to the Community Cardiology service to have an electrocardiogram (ECG) test.

What is an ECG?

The ECG records the rhythm and electrical activity of the heart.

What is an ECG used for?

The most common reasons for an ECG are to:

- help find a reason for chest pain
- learn more about your heart rhythm
- examine heart murmurs
- examine the heart in patients with high blood pressure to help find what's wrong
- see how well you are responding to treatment

What happens during the test?

An ECG is a painless procedure in which electrodes are simply stuck on your chest, arms and legs and then the ECG wires are attached to connect you to the recording machine. The technician will need to prepare your skin (which may include shaving). During the recording you will be asked to completely relax as any movement will interfere with the recording.

The ECG recording takes no longer than five minutes. **A chaperone is available on request.**

How can you prepare?

Wear loose fitting, comfortable clothing, and make sure your skin is clean and free from any body lotions or oils.

The results

The technicians report from your ECG results will be sent to your GP within one working day.

For any queries please contact the admin team on **0151 514 6480** Monday - Friday, 9.00am - 5.00pm.

Originator: Community Cardiology

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