

Getting to know you

Name

DOB

I'd like to get to know you a little bit better. When we speak I will use these questions and conversation starters to find out more about you.

You can ask me questions too if you would like.

1. Tell me about yourself. *What would you like me to know? Describe yourself to me*

2. Tell me some of the good things about being you. *What are you good at? What do you enjoy doing? When do you feel at your best?*

3. What's hard about being you? *What do you find difficult? What would you like to change?*

4. Tell me about a friend. *What do you like doing together? What makes them a good friend? What are they like?*

5. Tell me about some of the things you find difficult when making friends or keeping friends.

6. Tell me about some of the things you find difficult when talking to people.

7. Tell me about school. *What do you like? What do you not like? What's easy? What's hard?*

8. Can you think of anything you would like help with?

9. What is important to you? *It could be people, places, activities, animals, anything.*

10. How do you like to be supported? *What works for you? What helps?*