

Parkinson's Nurse Specialists



What is Parkinson's?

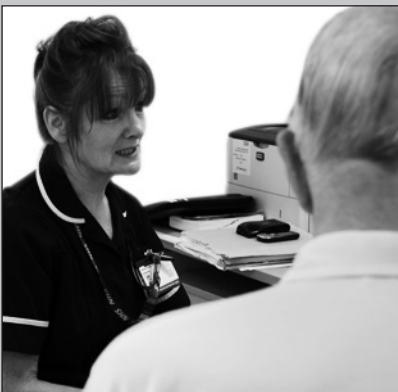
- it affects nerve cells in the brain
- these cells help control movement
- there is no cure at the moment
- care and treatment helps relieve symptoms



The main symptoms

- tremors and muscle stiffness
- your movement is slow
- talking is affected
- you are more tired
- you can have problems going to the toilet

If you think you have any of these symptoms you should phone your GP.



What do our nurses do?

Our nurses give you expert advice, guidance and information.

They will:

- manage your illness
- assess your needs and develop a care plan





How to see us

Your GP will refer you to see a consultant.

If you have Parkinson's you may be referred to one of our nurses.



Your appointment

We will visit you at home, or see you in a clinic, within 6 weeks of you being referred.

We will need to know about your medication

We will check your blood pressure.

If you need to see the nurse again you can ring **0151 643 5330** to make an appointment.