Adult Dietetics Referral Form

# Tel 0151 604 7271 Fax 0151 514 2232 or Email us on wchc.dieteticsadult@nhs.net

# Please ensure the form is fully completed and attach patient summary.

|  |  |  |
| --- | --- | --- |
| Title: | First Name: | Surname: |
| Is the patient in a Nursing Home? | Yes |  | No |  |
| Address: |  | Date of Birth |  |
| NHS Number |  |
| Home No: |  | Mobile No: |  |
| Preferred Contact |  |
| Referrer & Contact No. |  |
| GP Name: |  |
| Practice/Hospital name |  |
| Practice /Hospital Address |  |
| Is the patient Palliative? | Yes |  | No |  |
| Is the patient Housebound? | Yes |  | No |  |
| Height |  | Date |  | BMI |  | Date |  |
| Current Weight |  | Date |  | **Previous Weights (at least 2)** |  | Date |  |
| Medication (or attach patient summary) |
| Medical History (or attach patient summary) |
| Reason for Referral |
| Type 2 Diabetes |  | Lipid Lowering |  | Nutritional Support (see below) |  |
| Impaired Glucose |  | Other – please specify |  |
| **If Diabetes / IGT / Lipids please give relevant blood results as per WHO criteria.**(please note Type1 Diabetes is usually referred to specialist hospital dietitian. ) |
| Fasting plasma glucose |  | 2 hour plasma glucose |  | Hba1c |  | Date |  |
| HDL |  | LDL |  | Triglycerides |  | Date |  |
| Other Info |  | **Date of Diagnosis of Diabetes** |  |
| If Nutritional Support select reason(s) why. |
| Very Rapid Weight loss (more than 10% in a month) |  | Gradual weight loss and/ or low BMI (14-18.5) |  | Weight stable but slightly low BMI (18.5-19.9) |  |
| Very Low BMI (Less than 14) |  | Weight stable, supplements stopped waiting assessment, or GP wishes to stop. |  |
| MUST Score. |  | Other, please specify |  |
| Pressure Ulcer | Yes |  | No |  | Grade (1-5) |  |
| Any known Risk Factors To staff |
| Is the patient appropriate for group education? | Yes |  | No |  |
| Is a translator required? (if Yes Language) | Yes |  | No |  |
| Does the patient suffer from Dementia/Delirium? | Yes |  | No |  |

# Incomplete or illegible forms will be returned to the referrer leading to a delay in the patient being seen.